



## Mic-Key® - Home use and maintenance

### Recommended daily maintenance:

1. Wash skin around stoma daily as part of morning or evening hygiene. The skin around the stoma must be kept dry and clean.
2. Flush the connecting tubes with 10-20 ml of water before and after each feeding.

### Recommended weekly maintenance:

1. Check that the balloon has the correct water level once weekly.
2. Put in new connecting tube once weekly (or more often, depending on use).

### Recommended bi-weekly maintenance:

1. Remove Mic-Key® from stoma, wash in tepid soapy water, rinse and dry thoroughly.

*Note: Use two alternating Mic-Keys®, for quicker and easier maintenance and switches.*

### Recommended bi-monthly maintenance:

- Consider and treat Mic-Key® as an eating implement
- Replace therefore Mic-Key® every second month, as it may become discoloured and the non-return valve may become weakened.

*Note: If pain or discomfort is experienced during feeding, stop feeding and contact nurse or doctor.*





## Good advice

1. Adjust the correct stoma length using Mic-Key® measuring staff. Always keep a measuring staff available.
2. Create regular routines when maintaining Mic-Key®, for instance:
  - Check balloon for correct water level every Monday.
  - Remove Mic-Key® for washing and cleaning every other Monday
3. Employ and keep in mind proper food hygiene standards in all maintenance of and feeding through Mic-Key®.  
No sterile procedures are necessary